

Do you want to help us develop support for parents that are new in Sweden?

Your thoughts and experiences are important

We want to listen to you.

What do you need?

What did you need when you came to Sweden?

We are looking for you who:

- is a parent
- has moved to Sweden
- has mental ill-health or NPF

Mental ill-health can be worry, stress or anxiety.
NPF can be ADHD or autism.

Do you want to help us?

We want to ask you some questions.

You choose how we do it. We can:

- meet
- talk on the phone
- meet digitally
- or write.

You choose the language.

TrUSt – new in Sweden is a new project.

We who work in the project come from:

- Bräcke diakoni
- Föreningen Tidigt Föräldrastöd
- Rädda Barnen
- Riksförbundet Attention

Have you received support?

What help would you like?

What do you need?

Contact:

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As a THANK YOU, you will receive a gift card at ICA for SEK 225.

